

National Conference on “*Yoga & Naturopathy for a Fitter and Healthier You*” – 5–6 February 2026 (Tentative)

Notification

Central Council for research in Yoga and Naturopathy (CCRYN) is organizing a National Conference on “***Yoga & Naturopathy for a Fitter and Healthier You***” tentatively between **5–6 February 2026** (tentative date, awaited for approval) at ***Central Research Institute of Yoga & Naturopathy, Devarkhana, Jhajjar, Haryana-124105.*** The conference will focus on the role of Yoga and Naturopathy in preventive healthcare, lifestyle management, and holistic wellness through expert lectures, interactive workshops, awareness programs and panel discussions, with participation from national experts.

Naturopathy and Yoga enthusiasts, students, faculties, researcher are cordially invited to participate in this conference and benefit from the scientific deliberations and exposure to evidence-based naturopathy and yoga practices.

Link for registration: You can register using the Google Form: URL: <https://forms.gle/XFHskKjnHV3w68yu8>. Registrations will closes on 16/01/2026. Mere registration in the form does not confirm participation. After registration, you will receive a confirmation email confirming participation.

Further details regarding program schedule will be shared in due course.